



Driving Directions from Boston area via Route 24 South to LANG NATURALS...Welcome!

Lang Naturals, Inc. | 20 Silva Lane | Newport, RI 02842 | T 401.848.7700 | F 401. 848.7701 | customer.service@langnaturals.com | ©2006 | All rights reserved

1. Get on **Route 24 South** (toward Brockton, MA and Fall River, MA)
2. As you enter Fall River, you will come to a fork in the highway; New Bedford will be to the left, and Fall River to the right. **BEAR RIGHT at this split, toward Fall River, and merge onto Route I-195 West.**
3. **Stay in the right lane** on I-195W for approximately ½ mi.
4. **Take Exit 8A (the first exit you will encounter) onto Route 24 South.** (toward Tiverton, RI and Newport, RI)
5. Stay on **Route 24 South** for approximately 9 miles. (You will pass over the Tiverton/Sakonnet River Bridge.)
6. **Take Exit 1** toward **Route 138 South** (Middletown and Newport Beaches)
7. At the bottom of the exit ramp, **take a right onto Turnpike Avenue.**
8. Proceed on Turnpike Ave for approximately .7 miles until you come to a traffic light (CVS drugstore on your right). **Bear right** at the traffic light **onto Route 138 South.** (known locally as **East Main Road**)
9. Continue on **East Main Road** for 6.4 miles, traveling through Portsmouth, RI and into Middletown, RI until you come to a traffic light at the intersection of **Valley Road and East Main Road.** (There will be a Wendy's restaurant on your left.) Take a **left** onto **Valley Road.**
10. Continue on **Valley Road** for .9 miles until you come to a traffic light. Proceed through the light.
11. You will see the John Clarke Retirement Home on your left; immediately following, **take a left at the sign for the Aquidneck Corporate Park,** onto Johnnycake Hill Road.
12. **Take your first right onto John Clarke Road;** proceed until the stop sign. **At the stop sign (Silva Lane) take a left,** and Lang Naturals will be on your left.